



Lunch menu week one



The Purcell School
for young musicians

Monday	Tuesday	Wednesday	Thursday
<p>Main meal Crispy Chicken with Sweet & Sour Sauce</p> <p>Vegetarian Meal Tofu Chop Suey</p> <p>Sides Egg Fried Rice Baby Corn</p> <p>Stir Fried Vegetable with Bamboo Shoots</p> <p>Dessert Raspberry Mousse</p>	<p>Main meal Lamb Shawarma</p> <p>Vegetarian Meal Grilled Halloumi & Vegetable Skewer Mock Chicken Shawarma</p> <p>Sides Tortilla Wraps Roasted Sweet Potato</p> <p>Grilled Courgette with Dill Yoghurt & Mint & Hot Chilli Sauces</p> <p>Dessert Peach Cobbler with Custard</p>	<p>Main meal Roast Topside of Beef</p> <p>Vegetarian Meal Root Vegetable Toad in the Hole</p> <p>Sides Roasted Potatoes Carrots Green Beans Red Wine Gravy</p> <p>Dessert Chocolate Orange Marble Cake</p>	<p>Main meal Classic Beef Lasagne</p> <p>Vegetarian Meal Spinach & Ricotta Cannelloni Tomato & Basil Orzo with Olives</p> <p>Sides Garlic Bread Green Beans Garlic Aubergine</p> <p>Dessert Lemon & Poppy Cookies</p>
Friday	Saturday	Sunday	Snacks
<p>Main meal Hand Battered Fish</p> <p>Vegetarian Meal Quinoa Stuffed Peppers with Roast Tomato & Feta Vegan Fishless Fingers</p> <p>Sides Chip Shop Chips Garden Peas Mushy Peas</p> <p>Dessert Manchester Tart</p>	<p>Pasta & Jacket Potato Bar A selection of Toppings Fillings & Sauces</p> <p>Dessert Fruit Salad Jelly Yoghurt Pots</p>	<p>Brunch Smoked Back Bacon The Famous Lingfield Sausage Eggs Roasted Tomato Sautéed Mushrooms Hash Browns Baked Beans Fresh Fruit Yoghurts</p>	<p>Monday Sausage Roll</p> <p>Tuesday Cheese Toastie</p> <p>Wednesday Spring Roll</p> <p>Thursday Crudites & Dips</p> <p>Friday Focaccia Friday</p>

*All menus are subject to change due to availability and supply



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Monday

Main meal

Pork Soft Shell Taco

Vegetarian Meal

Mock Chicken Tostada

Sides

Mexican Green Rice

Sugar Snap Peas

Sweetcorn

Dessert

Eton Mess

Tuesday

Main meal

Chicken & Chorizo Paella

Vegetarian Meal

Gnocchi with a Tomato & Basil Sauce

Sides

Petit Pain

Roast Aubergines

Grilled Peppers

Dessert

Courgette & Poppy Seed Cake

Wednesday

Main meal

Herb Roast Chicken Leg

Vegetarian Meal

Beetroot Wellington with Mushrooms & Spinach

Sides

Roasted Potatoes

Roasted Carrots with Orange Glaze

Broccoli

Stuffing Balls

Dessert

Salted Caramel Brownie

Thursday

Main meal

Pulled Brisket Hash with Poached Egg

Vegetarian Meal

Pea Pearl Barley Risotto with Fresh Mint Salsa

Sides

Crispy Potatoes

Creamy Courgettes

Green Beans

Dessert

Rhubarb Crumble with Custard

Friday

Main meal

Hand Battered Fish

Vegetarian Meal

Sweetcorn Fritters with Sweet Chilli Dressing

Vegan Fishless Fingers

Sides

Chip Shop Chips

Garden Peas

Baked Beans

Mushy Peas

Dessert

Mousse Layered Cake

Saturday

Pasta & Jacket Potato Bar

A selection of Toppings

Fillings & Sauces

Dessert

Fruit Salad

Jelly

Yoghurt Pots

Sunday

Brunch

Smoked Back Bacon

The Famous Lingfield Sausage

Eggs

Roasted Tomato

Sautéed Mushrooms

Hash Browns

Baked Beans

Fresh Fruit

Yoghurts

Snacks

Monday

Sausage Roll

Tuesday

Cheese Toastie

Wednesday

Spring Roll

Thursday

Crudités & Dips

Friday

Focaccia Friday



Lunch menu week three



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Monday	Tuesday	Wednesday	Thursday
<p>Main meal Beef Chilli Con Carne</p> <p>Vegetarian Meal Mixed Bean & Vegetable Chilli</p> <p>Sides Steamed Rice Roast Sweet Potato Green Beans</p> <p>Dessert Tottenham Cake</p>	<p>Main meal Breaded Chicken with Katsu Sauce</p> <p>Vegetarian Meal Crispy Tofu with Katsu Sauce</p> <p>Sides Sticky Jasmin Rice Stir Fried Vegetables Broccoli</p> <p>Dessert (No)Peanut Butter & Jelly Cheesecake</p>	<p>Main meal Roast Loin of Pork</p> <p>Vegetarian Meal Spiced Parsnip Bubble & Squeak with Chunky Tomato Salsa</p> <p>Sides Roasted Skin on Potatoes Red Cabbage Sweetcorn</p> <p>Dessert Pea & Lemon Cake</p>	<p>Main meal Beef Empanadas</p> <p>Vegetarian Meal Homemade Falafel with Mint Dressing</p> <p>Sides Spicy Potatoes Savoy Cabbage Garlic Roasted Sugar Snap Peas</p> <p>Dessert Tart au Citron</p>
Friday	Saturday	Sunday	Snacks
<p>Main meal Hand Battered Fish</p> <p>Vegetarian Meal Vegan Fishless Fingers</p> <p>Sides Chip Shop Chips Garden Peas Baked Beans Mushy Peas</p> <p>Dessert Devonshire Splits</p>	<p>Exeat</p>	<p>Exeat</p>	<p>Monday Sausage Roll</p> <p>Tuesday Cheese Toastie</p> <p>Wednesday Spring Roll</p> <p>Thursday Crudités & Dips</p> <p>Friday Focaccia Friday</p>

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