



Supper menu week one



The Purcell School
for young musicians

Monday

Main meal
Coconut Chilli Chicken
Vegetarian Meal
Curried Vegetable Laksa
Sides
Thai Style Noodles
Sugar Snap Peas
Broccoli
Prawn Crackers
Dessert
Chocolate Orange Cake

Tuesday

Main meal
Chicken Hot Pot
Vegetarian Meal
Squash & Sage Risotto
Sides
Mashed Potato
Roasted Beetroot
Swede & Carrot Mash
Dessert
Muffins

Wednesday

Main meal
Teriyaki Pork
Vegetarian Meal
Hoi Sin Mushrooms
Sides
Fried Noodles
Mange Tout
Broccoli
Dessert
Fruit Scones with Jam & Cream

Thursday

Main meal
Mediterranean Style Chicken Stew
Vegetarian Meal
Bean & Vegetable Bourguignon
Sides
Rice
Sweetcorn
Grilled Courgette
Dessert
White Chocolate & Cranberry Blondie

Friday

Main meal
American Style Barbecue Meatloaf
Vegetarian Meal
Herby Tofu & Vegetable Kebab
Sides
Roast Sweet Potatoes
Sauteed Peppers
Green Beans
Dessert
Cookies

Saturday

Indian Fakeaway
Butter Chicken Curry
Lentil Dahl
Onion Bhaji
Naan Bread
Pilau Rice
Green Beans
Mango Chutney
Mint Yoghurt
Poppadoms
Dessert
Vanilla Cupcake with Vanilla Frosting

Sunday

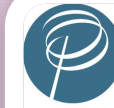
Main Meal
Beef Bolognaise
Vegetarian Meal
Lentil, Aubergine & Chickpea Bolognaise
Sides
Pasta
Courgette
Grilled Aubergine
Garlic Bread
Grated Cheese
Dessert
Yoghurt Pots
Fresh Fruit Salad

Snacks

Monday
Doughnut
Tuesday
Cut Fruit Platter
Wednesday
Muffin Tray Bake
Thursday
Cut Fruit Platter
Friday
Flapjack



Supper menu week two



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Monday	Tuesday	Wednesday	Thursday
<p>Main meal Sausage Lattice Pie</p> <p>Vegetarian Meal Vegan Sausage Roll</p> <p>Sides Roast New Potatoes Tenderstem Broccoli Green Beans Onion Gravy</p> <p>Dessert Belgian Waffles with Chocolate Sauce</p>	<p>Main meal Chicken Cordon Blue</p> <p>Vegetarian Meal Butternut Squash & Sweet Potato Tagine</p> <p>Sides Diced Potatoes Herb Roasted Aubergine Carrots</p> <p>Dessert Victoria Sponge Cake</p>	<p>Main meal Chilli Con Carne</p> <p>Vegetarian Meal Mixed Bean Chilli</p> <p>Sides Mexican Red Rice Jalapeno Spiced Green Beans Corn Cob</p> <p>Dessert Tortilla Chips & Dips Granola Bars</p>	<p>Main meal Homemade Fish Cakes</p> <p>Vegetarian Meal Spanish Tortilla</p> <p>Sides Herby Glazed New Potatoes Sugar Snap Peas Carrots</p> <p>Dessert Pumpkin Spice Cupcakes</p>

Friday	Saturday	Sunday	Snacks
<p>Main meal Lamb Rogan Josh</p> <p>Vegetarian Meal Butternut Squash Curry</p> <p>Sides Pilau Rice Garlic & Red Onion Okra Sweetcorn Onion Bhaji & Mint Yoghurt</p> <p>Dessert Butterscotch Tart</p>	<p>Fakeaway Night A Selection of Pizzas Potato Wedges Corn Cob Coleslaw</p> <p>Dessert Chocolate Chip Shortbread</p>	<p>Main meal Crispy Chicken Ramen</p> <p>Vegetarian Meal Sticky Tofu Ramen</p> <p>Sides Noodles Sugar Snap Peas Sauteed Cabbage Asian style Broth Prawn Crackers</p> <p>Dessert Fruit Salad Yoghurt Pots</p>	<p>Monday Doughnut</p> <p>Tuesday Cut Fruit Platter</p> <p>Wednesday Muffin Tray Bake</p> <p>Thursday Cut Fruit Platter</p> <p>Friday Flapjack</p>

*All menus are subject to change due to availability and supply



Supper menu week three



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Monday	Tuesday	Wednesday	Thursday
<p>Main meal Beef Burger in a Sesame Seeded Bun</p> <p>Vegetarian Meal Plant Based Burger in a Sesame Seeded Bun</p> <p>Sides Homemade Potato Wedges Baked Beans Sweetcorn Crispy Bacon Cheese Slices, Gherkins & Sauces</p> <p>Dessert Whoopie Pie</p>	<p>Main meal Reggae Reggae Jerk Chicken</p> <p>Vegetarian Meal Jamaican Mock Chicken Stew</p> <p>Sides Rice & Peas Broccoli Corn Cob</p> <p>Dessert Coconut Ice</p>	<p>Main meal Lasagne</p> <p>Vegetarian Meal Spinach & Ricotta Cannelloni Tomato & Basil Orzo</p> <p>Sides Garlic Bread Green Beans</p> <p>Garlic Roast Aubergine</p> <p>Dessert Cornflake Tart</p>	<p>Fajita Bar Spiced Chicken Spiced Beef Mock Chicken Sauteed Peppers & Fried Onions Green Beans Corn Salsa Pico de Gallo, Guacamole & Jalapenos Wraps & Grated Cheese</p> <p>Dessert Plum Upsidedown Cake & Cream</p>
Friday	Saturday	Sunday	Snacks
<p>Exeat</p>	<p>Exeat</p>	<p>Exeat</p>	<p>Monday Doughnut</p> <p>Tuesday Cut Fruit Platter</p> <p>Wednesday Muffin Tray Bake</p> <p>Thursday Cut Fruit Platter</p> <p>Friday Flapjack</p>

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