

## Lunch menu week one



| Monday   | Tuesday  | Wednesday  | Thursday  |
|--|--|--|---|
| Main meal<br>Pork Sausage & Onion Gravy<br>Vegetarian Meal<br>Plant Based Sausage & Onion Gravy<br>Sides<br>Creamy Mashed Potatoes<br>Garden Peas<br>Sweetcorn<br>Dessert<br>Mousse                      | Main meal<br>Albondigas – Spanish Style Meatballs<br>Vegetarian Meal<br>Mediterranean Vegetable & Chickpea Stew<br>Sides<br>Steamed Rice<br>Lemon & Dill Courgette<br>Carrots<br>Dessert<br>Crumble with Custard | Main meal<br>Honey Roast Gammon<br>Vegetarian Meal<br>Mushroom Brie & Cranberry Filo Parcel<br>Stuffed Portabello Mushroom (Vegan)<br>Sides<br>Roasted Potatoes<br>Minted Peas<br>Swede Mash<br>Dessert<br>Blueberry Cheesecake Pots | Main meal<br>Breaded Chicken with Katsu Sauce<br>Vegetarian Meal<br>Breaded Tofu with Katsu Sauce<br>Sides<br>Noodles<br>Stir Fried Green Beans with Red Onion & Linseeds<br>Broccoli<br>Dessert<br>Lemon Shortbread with Chocolate Custard |
| Friday   | Saturday   | Sunday   | Snacks  |
| Main meal<br>Hand Battered Cod<br>Vegetarian Meal<br>Waste Free Bhaji Burger<br>Vegan Fishless Fingers<br>Sides<br>Chip Shop Chips<br>Garden Peas<br>Mushy Peas<br>Dessert<br>Chocolate Fudge Sheet Cake | Sandwich Bar<br>A selection of Sandwiches<br>Breads<br>fillings & Snacks<br>Dessert<br>Fruit Salad<br>Jelly<br>Yoghurt Pots  | <b>Brunch</b><br>Smoked Back Bacon<br>The Famous Lingfield Sausage<br>Eggs<br>Roasted Tomato<br>Sautéed Mushrooms<br>Hash Browns<br>Baked Beans<br>Fresh Fruit<br>Yoghurts   | Monday<br>Sausage Roll<br>Tuesday<br>Cheese Toastie<br>Wednesday<br>Spring Roll<br>Thursday<br>Crudités & Dips<br>Friday<br>Foccacia Friday   |



## Lunch menu week two



| Monday  | Tuesday  | Wednesday   | Thursday  |
|---|--|---|---|
| Main meal<br>Chicken Chow Mein<br>Vegetarian Meal<br>Crispy Tofu Chow Mein<br>Sides<br>Sugar Snap Peas<br>Sweetcorn<br>Dessert<br>Rice Pudding with Fruit Sauce   | Main meal<br>Pork Belly Lyonnaise<br>Vegetarian Meal<br>Mushroom & winter Vegetable Coq au Vin<br>Sides<br>Boulangere Potatoes<br>Ratatouille<br>Braised Cannellini Beans<br>Dessert<br>Spiced Toffee Apple Cake & Custard | Main meal<br>Roast Chicken Leg<br>Vegetarian Meal<br>Mediterranean Red Bean Cassoulet<br>Sides<br>Garlic Roasted Potatoes<br>Roast Squash with Sage<br>Broccoli<br>Stuffing Balls<br>Dessert<br>Key Lime Pots | Main meal<br>Beef & Mushroom Stroganoff<br>Vegetarian Meal<br>Mushroom & Butter Bean Stroganoff<br>Sides<br>Rice<br>Green Beans<br>Cauliflower<br>Dessert<br>Syrup Sponge & Custard |
| Friday  | Saturday   | Sunday  | Snacks  |
| Main meal<br>Hand Battered Cod<br>Vegetarian Meal<br>Sweetcorn Fritters with Sweet Chilli Dressing<br>Vegan Fishless Fingers<br>Sides<br>Chip Shop Chips<br>Garden Peas<br>Baked Beans<br>Mushy Peas<br>Dessert<br>Beetroot Brownie | Sandwich Bar<br>A selection of Sandwiches<br>Breads<br>fillings & Snacks<br>Dessert<br>Fruit Salad<br>Jelly<br>Yoghurt Pots  | <b>Brunch</b><br>Smoked Back Bacon<br>The Famous Lingfield Sausage<br>Eggs<br>Roasted Tomato<br>Sautéed Mushrooms<br>Hash Browns<br>Baked Beans<br>Fresh Fruit<br>Yoghurts                                    | Monday<br>Sausage Roll<br>Tuesday<br>Cheese Toastie<br>Wednesday<br>Spring Roll<br>Thursday<br>Crudités & Dips<br>Friday<br>Foccacia Friday   |



## Lunch menu week three



| Monday   | Tuesday  | Wednesday  | Thursday  |
|--|--|--|---|
| Main meal<br>Macaroni Cheese<br>Sides<br>Garlic Bread<br>Roasted Aubergine & Courgette<br>Sauteed Leeks<br>Chicken Bolognaise<br>Crispy Bacon<br>Crispy Dnion<br>Dessert<br>Banoffee Pot | Main meal<br>Beef & Chickpea Bourguignon<br>Vegetarian Meal<br>Autumn Vegetable Stew<br>Sides<br>Steamed New Potatoes<br>Minted Peas<br>Cauliflower Cheese<br>Crusty Rolls<br>Dessert<br>Sprinkle Cake & Custard | Main mealRoast Turkey & Cranberry SauceVegetarian MealButternut Squash, Feta & Spinach Filo ParcelButternut Squash & Spinach Filo Pie (Vegan)SidesRoasted Skin on PotatoRed CabbageHoney Glazed ParsnipDessertCarrot Cake with Cream Cheese Frosting | Main meal<br>Traditional Cottage Pie<br>Vegetarian Meal<br>Vegan Cottage Pie<br>Sides<br>Broccoli<br>Roasted Sweet Potato<br>Dessert<br>Bread & Butter Pudding with Custard |

| Friday   | Saturday | Sunday | Snacks  |
|--|----------|--------|---|
| Main meal<br>Hand Battered Cod<br>Vegetarian Meal<br>Vegan Fishless Fingers<br>Sides<br>Chip Shop Chips<br>Garden Peas<br>Baked Beans<br>Mushy Peas<br>Dessert<br>Pear Tart Tatin<br>*All menus are subject to change due to availability and supply | Exeat    | Exeat  | Monday<br>Sausage Roll<br>Tuesday<br>Cheese Toastie<br>Wednesday<br>Spring Roll<br>Thursday<br>Crudités & Dips<br>Friday<br>Foccacia Friday |