

## Supper menu week one



Monday	Tuesday	Wednesday	Thursday
Main meal Coconut Chilli Chicken Vegetarian Meal Curried Vegetable Laksa Sides Thai Style Noodles Sugar Snap Peas Broccoli Prawn Crackers Dessert Chocolate Orange Cake	Main meal Chicken Hot Pot Vegetarian Meal Squash & Sage Risotto Sides Mashed Potato Roasted Beetroot Swede & Carrot Mash Dessert Muffins	Main meal Teriyaki Pork Vegetarian Meal Hoi Sin Mushrooms Sides Fried Noodles Mange Tout Broccoli Dessert Fruit Scones with Jam & Cream	Main meal  Mediterranean Style Chicken Stew  Vegetarian Meal  Bean & Vegetable Bourguignon  Sides  Rice  Sweetcorn  Grilled Courgette  Dessert  White Chocolate & Cranberry Blondie

Friday	Saturday	Sunday	Snacks
Main meal American Style Barbecue Meatloaf Vegetarian Meal Herby Tofu & Vegetable Kebab Sides Roast Sweet Potatoes Sauteed Peppers Green Beans Dessert Cookies *All menus are subject to change due to availability and supply	Indian Fakeaway Butter Chicken Curry Lentil Dahl Onion Bhaji Naan Bread Pilau Rice Green Beans Mango Chutney Mint Yoghurt Poppadoms Dessert Vanilla Cupcake with Vanilla Frosting	Main Meal Beef Bolognaise Vegetarian Meal Lentil, Aubergine & Chickpea Bolognaise Sides Pasta Courgette Grilled Aubergine Garlic Bread Grated Cheese Dessert Yoghurt Pots Fresh Fruit Salad	Monday Doughnut  Tuesday Cut Fruit Platter  Wednesday Muffin Tray Bake  Thursday Cut Fruit Platter  Friday Flapjack



## Supper menu week two



Monday	Tuesday	Wednesday	Thursday
Main meal	Main meal	Main meal	Main meal
Sausage Lattice Pie	Pork Belly Lyonnaise	Chilli Con Carne	Homemade Fish Cakes
Vegetarian Meal	Vegetarian Meal	Vegetarian Meal	Vegetarian Meal
Vegan Sausage Roll	Mushroom & winter Vegetable Coq au Vin	Mixed Bean Chilli	Spanish Tortilla
Sides	Sides	Sides	Sides
Roast New Potatoes	Boulangere Potatoes	Mexican Red Rice	Herby Glazed New Potatoes
Tenderstem Broccoli	Ratatouille	Jalapeno Spiced Green Beans	Sugar Snap Peas
Green Beans	Braised Cannellini Beans	Corn Cob	Carrots
Onion Gravy	Dessert	Tortilla Chips & Dips	Dessert
Dessert	Victoria Sponge Cake	Dessert	Pumpkin Spice Cupcakes
Belgian Waffles with Chocolate Sauce		Granola Bars	

Friday	Saturday	Sunday	Snacks
Main meal Lamb Rogan Josh Vegetarian Meal Butternut Squash Curry Sides Pilau Rice Garlic & Red Onion Okra Sweetcorn Onion Bhaji & Mint Yoghurt Dessert Butterscotch Tart *All menus are subject to change due to availability and supply	Fakeaway Night A Selection of Pizzas Potato Wedges Corn Cob Coleslaw Dessert Chocolate Chip Shortbread	Main meal Crispy Chicken Ramen Vegetarian Meal Sticky Tofu Ramen Sides Noodles Sugar Snap Peas Sauteed Cabbage Asian style Broth Prawn Crackers Dessert Fruit Salad Yoghurt Pots	Monday Doughnut  Tuesday Cut Fruit Platter  Wednesday Muffin Tray Bake  Thursday Cut Fruit Platter  Friday Flapjack



## Supper menu week three



Monday	Tuesday	Wednesday	Thursday
Main meal Beef Burger in a Sesame Seeded Bun Vegetarian Meal Plant Based Burger in a Sesame Seeded Bun Sides Homemade Potato Wedges Baked Beans Sweetcorn Crispy Bacon Cheese Slices, Gherkins & Sauces Dessert Whoopie Pie	Main meal Reggae Reggae Jerk Chicken Vegetarian Meal Jamaican Mock Chicken Stew Sides Rice & Peas Broccoli Corn Cob Dessert Coconut Ice	Main meal Lasagne Vegetarian Meal Spinach & Ricotta Cannelloni Tomato & Basil Orzo Sides Garlic Bread Green Beans Garlic Roast Aubergine Dessert Cornflake Tart	Fajita Bar Spiced Chicken Spiced Beef Mock Chicken Sauteed Peppers & Fried Onions Green Beans Corn Salsa Pico de Gallo, Guacamole & Jalapenos Wraps & Grated Cheese <b>Dessert</b> Plum Upsidedown Cake & Cream

Friday	Saturday	Sunday	Snacks
*All menus are subject to change due to availability and supply	Exeat	Exeat	Monday Doughnut  Tuesday Cut Fruit Platter  Wednesday Muffin Tray Bake  Thursday Cut Fruit Platter  Friday Flapjack